

The Informer



Saint James Presbyterian Church, U.S.A.

A "Matthew 25" Congregation

820 Ross Avenue, Greensboro, NC 27406 · 336-273-6658 · www.stjamespresby.org

"Touching Lives Through Jesus Christ!"

Reverend Sèkinah Hamlin, Temporary Executive Supply Pastor

Reverend Richard Hughes, Preaching Supply Pastor

July 2021 Edition

Welcome To Saint James Presbyterian Church!

The members of the Saint James Presbyterian Church are pleased to have you worship with us during the month of July. We ask that you kindly fill out our electronic visitor's card located here: <https://forms.gle/L33q5q23H92pnnrV9>. You can also contact us during worship through our Zoom chat, our FB Messenger or send an email after worship to: office@stjamespresby.org. We would like to have a record of your visit and a way to keep you updated on what is happening here at Saint James. Your information will remain confidential.



Are you interested in joining Saint James?

We welcome you to join Saint James Presbyterian Church and are committed to helping you grow as a disciple of Jesus Christ. You may become a member of the Saint James Presbyterian Church in one of the following ways: (1) You can fill out our electronic visitors card located here: <https://forms.gle/L33q5q23H92pnnrV9> and we will reach out to you. (2) You can contact us during worship through our Zoom chat, our FB Messenger or send an email after worship to: office@stjamespresby.org. We look forward to helping you make this decision!

Connect With Us!

Like us on Facebook: www.facebook.com/stjamespresby

Follow us on Twitter: [@stjames_gsonc](https://twitter.com/stjames_gsonc)

Follow us on Instagram: [@saintjamespresbync](https://www.instagram.com/saintjamespresbync)

Visit our Website: www.stjamespresby.org

Our Purpose Statement:

“The purpose of Saint James Presbyterian Church is to touch lives through Jesus Christ by providing joyful worship, life changing teaching, warm community, and dynamic, meaningful ministries that serve to bring a new generation of believers to Christ and to nurture those who are already growing in faith.”

WE ARE A MATTHEW 25 CONGREGATION!



Matthew 25 in the PC(USA):

A bold vision and invitation

We are a Matthew 25 church!

Our congregation has accepted the PC(USA)'s invitation to follow Jesus' teachings in Matthew 25:31–46 by becoming active disciples and making a difference in our community and the world.

As part of our Matthew 25 commitment, we pledge to embrace one or more of these three areas of focus:

- Building congregational vitality by deepening and energizing our faith and growing as joyful leaders and disciples actively engaged with our community as we share the gospel of Jesus Christ in word and deed
- Dismantling structural racism by fearlessly applying our faith to advocate and break down the systems, practices and thinking that underlie discrimination, bias, prejudice and oppression of people of color
- Eradicating systemic poverty by acting on our beliefs and working to change laws, policies, plans and structures in our society that perpetuate economic exploitation of people who are poor

To learn more and for ideas on how to get involved and do your vital part as a member of a Matthew 25 church, please visit pcusa.org/matthew25.



Presbyterian Church (U.S.A.)
Presbyterian Mission

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WORSHIP

Saint James worship services & shared community worship opportunities.

Virtual Order of Worship:

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Virtual “HALLWAY” Hangout

July Participants:

Worship Leaders:

Reverend Sèkinah Hamlin

Reverend Richard Hughes

Reverend Frank Dew

Worship Elders:

Elder Karen Watts-Yehudah

Elder Charles Knox

Elder Jasmine Evans

Music Directors:

Elder Jasmine Evans, New Generation
Praise Team & Inspirational Ensemble

Ms. Valerie D. Johnson, Chancel Choir &
Combined Choir

Musicians:

Dr. Ronald Campbell, Organist &
Keyboardist

Mr. Nick Hayes, Percussionist



July Lectionary

Let's continue reading together! As we journey into the month of July, let us prepare our hearts and minds for worship by reading the scheduled lectionary texts each week.

The texts are listed below. Before you read each text, practice a few minutes of centering prayer to clear your mind. Pray for clarity and focus. While reading, physically or mentally take notes so that you can summarize what the scripture is saying. Finally, go back and pick out any themes or recurring ideas that may be relevant to your personal life, Saint James or the church at large. Close your reading time with a Prayer of Thanksgiving for God's word and revelation.

1st Sunday

• 2 Samuel 5:1-5

2nd Sunday

• 2 Samuel 6:1-5

3rd Sunday

• 2 Samuel 7:1-14

4th Sunday

• 2 Samuel 11:1-15

WORSHIP *Saint James worship services & shared community worship opportunities.*

In the interest and concern for your safety during the COVID-19 epidemic, online and conference call services will be conducted until further notice. All physical group gatherings have been transferred to another medium or postponed. We are asking all members and friends to join us via conference call, Zoom, or Facebook Live on Sundays at 10 a.m.

To join us online at Zoom for our Sunday Service:

Click the link here -----> <https://zoom.us/j/742365808>

To join us on our conference call,
dial in to: 929-205-6099

Enter Meeting ID: 742 365 808#

(This Meeting ID is just for our Sunday Service and virtual sanctuary hangout)

You can also join us on our Facebook page:

Click the link here -----> www.facebook.com/stjamespresby or visit www.facebook.com

Go to the search bar and type in "St. James Presbyterian Church"

Click on the picture of our logo!

Visit our website to sign up for email updates.

www.stjamespresby.org

Did you miss any services? Our Zoom services are now on YouTube! You can find all of our Sunday and Special Services on our YouTube page. All of our Bible Studies are continually added as well! Please click the link to enjoy any one of our services that you may have missed. Click the link below to watch:

https://www.youtube.com/channel/UCoVErWxOPigu-48o_ig2V2A



WORSHIP *Saint James worship services & shared community worship opportunities.*

UPCOMING SERVICES



Join us for Stephen Ministry Sunday on July 18th at 10 A.M.

You can join us on Zoom or on FB Live!



Please make sure to join us for Men's Sunday on July 25th at 10 A.M.

Join us on Zoom or on FB Live!

Happy Birthday to our members born in July!!



Kathryn Barber
Marcia Bellamy
Margaret L. Carr
Rashad Doggett
Marcus Hughes
Lovie McBryde
Moses McClam
James W. Neal, Jr.
Jimmy Propst
Dr. Ina Siler
Jermiah Williams



Please remember to send us your birthdays to include each month!

Send your info to office@stjamespresby.org

DISCIPLESHIP *Sunday School, Bible Studies & Leadership Trainings*

Join the members of the **Monday Morning Bible Study** class for an AT-HOME-STUDY of the book of PROVERBS. This study will allow us to glean the wisdom God wants us to know and use. Study this book of the Bible to find a truth to learn, a promise to claim, a command to obey and a prayer to echo. JOIN US!!

The John Erwin Sunday School Class continues to honor the stay at home, physical distancing order. We have continued to study The Present Word Bible Series. Currently, we are in the Summer 2021 section titled "Confident Hope". If you do not have a copy and would like to join us, Super Seniors are invited. Call the church office for more information. Each day is a blessing. Aging brings gifts. We want to recognize and acknowledge the special gifts that each member brings.

Presbyterian Women Bible Study Circles

Grace Brown Circle has ended lessons for the 2020-2021 season. Stay tuned for more information in September when we resume. ~Donna Spinks & Kathy Moore, Co-Mods.

The Roxie McNair Circle is honoring the Stay-At-Home and the physical distancing. More details to come later. ~Elder Pauline McNair, Moderator

The Sara Barber Circle has ended its lessons for the 2020-2021 season. We will resume again in September. Please stay tuned for more information on an upcoming summer outing. Visitors who would like to visit or join should contact Linda Adams at 336-509-0420. ~Linda Adams, Moderator

The Essie B. Meares Circle has ended our lessons until September. More information will be shared at a later date. This has been an unusual year for everyone. Please stay safe. Thank you. ~Demetra Barnwell, Moderator

The Marie Florance Presbytettes celebrated 4 more birthdays in May and June. Jaylen and Jazlyn turned 13 on May 23. Sarah celebrated her birthday on June 12 and we traveled to Raleigh to sing happy birthday to Kierson Taylor. It's been a full year of celebrating each Circle member's birthday during this pandemic. We were able to stay connected in a safe and fun way!



DISCIPLESHIP *Sunday School, Bible Studies & Leadership Trainings (continued)*

The Older Adult Ministry

Members of this ministry were able to celebrate Older Adult Sunday on May 02, 2021. Thanks to the Worship Committee. This ministry will continue to address the issues and concerns of the aging population in a positive and pro-active manner. This is just a reminder:

1.) If you have not gotten yourself a Real ID, please place this on your to-do list, voting is essential.

2.) In order to stay healthy, it is important to keep your vaccines current - tetanus and shingles.

All super seniors are invited to join us.

~Elders Marie Martin & Pauline McNair, Co-Moderators

Presbyterian Women in the Congregation (PWC)

PWC Monthly Gathering

There will be no gathering this month. Have a wonderful June!

PWC CT (Presbyterian Women in the Congregation Coordinating Team) Meeting

There will be no gathering this month. Have a great June!

Presbyterian Men

The Presbyterian Men's Monthly Zoom Meeting will be held on Saturday, July 17th at 9:00 am. The Bible Study will come from The Revelation to John: "Strength for the Struggle". The focus will be Section 2 - Strength in COMMITMENT, Revelation 1:1-20. A few copies of the study guide can be obtained from the church mailroom. Contact Brother Charles Burns and Brother Freddie Click, Sr. for additional information. All men of the church are members of Presbyterian Men's Ministry and your support and your presence is needed as we seek to Touch Lives through Jesus Christ and minister both inside and outside the walls.

SAVE THE DATES: Details will follow!!

Men's Weekend:

Saturday July 24th – Fundraising Fish Fry (10:00 a.m. until 4:00 p.m.)

You may make reserved purchases by contacting or responding to a call from designated Men.

Sunday July 25th – Men's Sunday

All Men are requested donate \$25 as a contribution to the Ministry Activities.

The Guest Preacher will be Rev. Delton Farmer, Cotton Memorial

Presbyterian Church, Henderson, NC

The Zoom Meeting Invitation will be provided via email.

~Elder Charles Knox, President | 336.549.4599 | cknox3011@gmail.com

Saint James Presbyterian Men Cookout Fundraiser

Saturday July 24, 2021

11:00 a.m. - 4:00 p.m.

Dinners:

Fish or Chicken Tenders - \$10.00

Sandwich Only - \$4.00

(Includes two sides, bread, desert and soft drink or water)

Additional sides available - \$1.00 each

Payment accepted via CashApp (Ssjpcnc),



Menu Sides

**Baked Beans, Cole Slaw,
Hushpuppies, Onion Rings**



(Due to COVID-19, All dinners will be served in to-go containers)

Saint James Presbyterian Church

820 Ross Ave.

Greensboro, NC 27406

Rev. Shekinah Hamlin, Executive Supply Pastor

Rev. Richard Hughes, Supply Preaching Pastor

Rev. Frank Dew, Session Moderator

"Touching Lives Through Jesus Christ"

www.stjamespresby.org

336.273.6658

ADMINISTRATION *Church Business & Officer Information*

Monthly Informer Article Deadline

Please feel free to mail or e-mail: office@stjamespresby.org. Articles can be sent prior to the deadline with the subject: "August Informer." The Final Deadline for articles is Friday, July 23, 2021 by 12:00 noon.

The Informer is going green and social!

The Informer can now be emailed to you directly. In addition, the monthly Informer is always available on our website. Please sign up for our email subscription on the church website. If you're already signed up, The Informer will be coming to you each month.

Car Wash Gift Cards For Sale!

Does your car need a little TLC? Purchase a \$20.00 Autobell Car Wash Gift Card today! These cards are a great way to invest in Saint James and to keep your ride sparkling in the spring sun. The Autobell Car Wash Gift Card is also an excellent card filler or gift to someone who loves a clean car. Contact the Church Office, Vanessa Haygood or Timisha Corpening to purchase your card today!

Update on Printing through the Office

Finally! Implementation of copy codes and limits has been updated. There will be cost for printing in the church office. Every ministry will receive a printing allotment for the year. Prints over the allotted amount will be billed to each ministry. Contact the office with any questions or code requests.

Yearly Allotment per Ministry: Black & White Copies: 300, Color Copies: 175

Printing Charges: Black & White: \$0.01 per letter-sized impression

Color: \$0.08 per letter-sized impression

Tabloid: Each 11x17 impression counts as two letter-size impressions.

Contact Information Updating

Have you moved? Changed your phone number? Did you know that you can send update your contact information anytime? Our contact information form is always available online. To fill out the form online, please click: <https://forms.gle/bncJhjh5d4gwHafUA> You can also visit our website and click on the link to be taken to the Contact Information Update form. If you would like a physical form, please call the church office and one will be mailed to you. Your information will remain confidential.



ADMINISTRATION *Church Business & Officer Information (continued)*

Congregational Care Ministry! Congregational Care is an integral part of the ministry of Saint James Presbyterian Church. In an effort to respond to the call to care for one another, our new supply pastor along with the Session, Stephen Ministry, Deacons and Office Staff have developed the Congregational Care ministry.

Congregational Care functions as a pastoral care arm of ministry. The purpose of the Congregational Care ministry is to care for our congregation by providing presence through visits and prayer during times of medical procedures, health crisis, transitions, and illness. Our supply pastor is the primary provider for end of life care, bereavement and funerals. Our Congregational Care team provides presence for ongoing care concerns. The foundation for this ministry is in scripture. Just as Moses was admonished to appoint elders to assist with the care of God's flock (Exodus 18); and just as the early church provided people to care for widows as the apostles gave themselves to prayer and the teaching of the word (Acts 2), our church stands in a biblical tradition to commission people of faith to provide for the care of God's people.

So how does it work? To help ensure that everyone has an Elder, including those on the Forget Me Not List, our congregation is divided into groups based on the first letter of your last name. Each group has been assigned a Congregational Care team member as seen below. If there is a need for prayer, notice of a medical procedure or surgery, notice of a current or past hardship, members can call the church office at 336-273-6658 or email office@stjamespresby.org. The office will notify your Congregational Care Provider immediately.

If there is an end of life situation, the supply pastor is the primary provider. All information is private unless permission is given to share with the entire church during prayer and/or through the Forget Me Not list. The Congregational Care Team has been thoroughly trained, and is eager to serve, so do not hesitate to share your need.

Congregational Care List 2021

<u>Elders</u>	<u>Members of the Congregation</u>
Jasmine Evans	A
Bob Powell	B
Carrie Ledbetter	C
Ursula Robinson	D, E
Sandra Wallington	F, G
Karen Watts-Yehudah	H, I
Andrea Russell	J, K, L
Mildred Powell	M
Charles Knox	N, O, P
Chuck Wallington	Q, R
Paula Latham	S
Linda McSwain-Randall	T, U, V
Donna Spinks	W, X, Y, Z

ADMINISTRATION *Church Business & Officer Information (continued)*

Pastor Nominating Committee

We continue to review the credentials of final candidates as we search for the next pastor for Saint James. We greatly appreciate your patience with this process. We know God is listening to all of our prayers. Please continue to pray for your PNC as we diligently work through the pastor search process. Our members are listed below.

The members of your PNC are:

Linda Adams

Freddie Click

Jasmine Evans

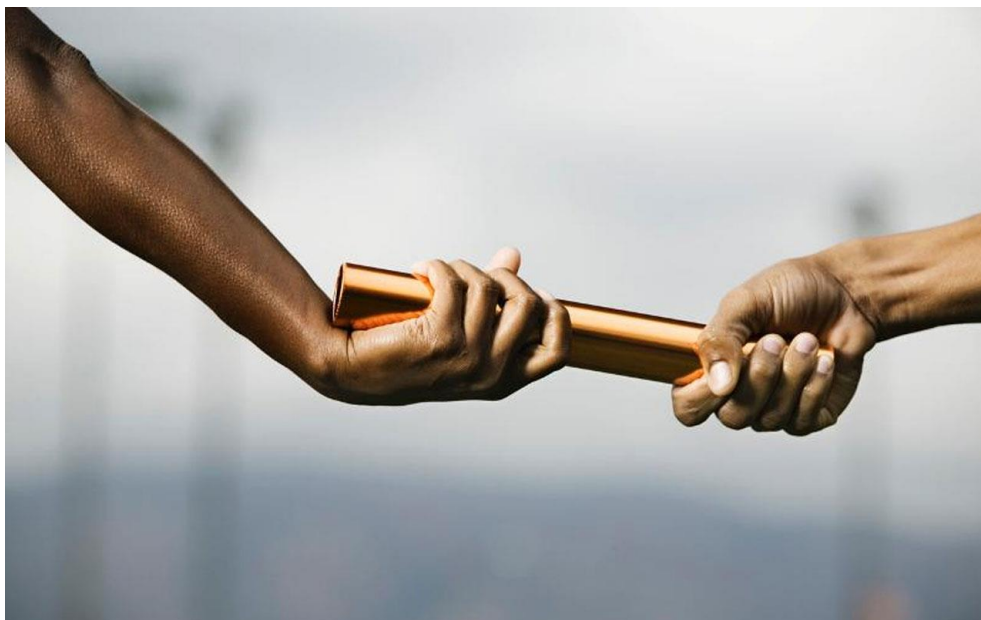
Marie Martin

Gretchen Robinson

Karen Watts-Yehudah

Cynthia Latham - Co-Chair

Ina Siler - Co-Chair



EVANGELISM *Neighborhood blasts, New Members & Inquirers Class*

New Members and Inquirers Class!

During this time of COVID-19, to keep you and our members' safe, our New Members Class is not being held. If you missed the last New Members and Inquirers Class or are interested in learning more about Saint James, contact the church office at 336-273-6558. Our dedicated Elders will reach out to you. We are looking forward to sharing more about who we are and what we believe!

SOCIAL JUSTICE ADVOCACY MINISTRY

The Saint James Presbyterian Church Social Justice Advocacy Ministry continues to work within our Matthew 25 calling, at the intersections of social justice with the challenges in all lives, but especially the lives of intentionally marginalized people. These challenges most often coincide with the challenges of the poor and people of color.

It is in this spirit that the Ministry has forged a partnership with the newly branded Every Baby Guilford, formerly known as the Guilford County Coalition on Infant Mortality. The rebranding of Every Baby Guilford (EBG) has been a yearlong process, with two of our Social Justice Advocacy Ministry members actively participating, to determine the focus and priorities of the new organization. Christina Yongue and Vanessa Haygood, both with health advocacy backgrounds, have exercised their passion in this arena by acting as liaisons between our two organizations during the rebranding process. They will both continue in these roles with Vanessa Haygood as a member of the new Board of Directors for Every Baby Guilford, and with Christina Yongue as a member of a team focusing on review of causes of fetal mortality, and as instructor and mentor for UNCG students with interests in this area.

Below are the mission and vision of EBG, demonstrating the reason we believe a partnership between this organization and our Ministry is part of our Matthew 25 commitment and a natural segway in our Social Justice Advocacy path.

Mission: To ignite and mobilize Guilford County through partnerships and unified strategies to eliminate racial disparities and prevent infant death.

Vision: Every baby and family will have equitable opportunities and access to achieve the healthiest start in life.

Already EBG has committed to the values of holistic health for individuals, dismantling racism in its structure, using a radically inclusive, community approach to problem solving, and applying urgent action to the infant mortality problem that has stubbornly persisted in our county for the entire existence of its previous organizational identity. It has publicly and boldly presented five year goals of insuring more Black babies are born healthy and live to celebrate a first birthday by reducing infant mortality disparities by 50%. It has shared data from other locales that show us that when we create a healthier Guilford County for Black babies, we create a healthier Guilford County for all babies. It has successfully engaged with County Commissioners in the budgeting process to secure financial support of their stated mission and vision during the upcoming fiscal year.

The Social Justice Advocacy Ministry had a detailed presentation from the Executive Director during the rebranding of the Guilford County Coalition on Infant Mortality at our November Ministry meeting, and have had periodic updates since then. We will have another detailed update on the new organization's work at our September 2021 Ministry meeting. If you are moved to action by this work, and want more information, go to www.everybabyguilford.org to register for the quarterly convening of Community Action for Healthy Babies to be held July 8 from 1130am to 1pm. You can also sign up for an Advisory Group or an Action Team at the same website. Moving the needle on infant mortality for Black babies, and therefore for all babies in Guilford County will take a Village effort.

FAITH POINT FELLOWSHIP *Young Adult and College Ministry*

Faith Point Fellowship will suspend weekly bible studies and worship services until September. Check out Facebook and Instagram for information on virtual hangouts during the summer months.

Text FPF to 55469 and receive words of inspiration and regular updates during the summer.



LEADERSHIP TEAM



**JASMINE EVANS,
MC**



**SHEMIAH CURRY,
MC**



**JAYLA WHITE,
INTERN**



**RYCAL BLOUNT,
INTERN**

Want to stay connected to Faith Point Fellowship?

Text FPF to 55469 to receive words of inspiration and regular updates or visit our website at faithpointfellowship.org. We are also on social media @FaithPointFellowship

FORGET ME NOT LIST - COLLEGE STUDENTS

Emmale Burris	Guilford Technical Community College
Terence Burris	NC A&T State University
Christian Butler	NC A&T State University
Victoria Butler	Howard University
Paul Carlton	NC A&T State University
Marcus Funderburk	Forsyth Technical Community College
Micah Funderburk	UNC-Pembroke
Kayla Gaskin	Emory University
Karlton Gaskin	Columbia University
Jalen Graves	UNC-Greensboro
Mia Graves	North Carolina Central School of Law
Ashley Halley	Appalachian State University
Brittani Hewitt	Hampton University
Franklin McCain, III	NC A&T State University
April Newkirk	Central Piedmont Community College
Messiah Reid	Guilford Technical Community College
Idalia Robinson	Guilford Technical Community College
Nodiyah Satterwhite	NC A&T State University
Isaiah Siler	Guilford Technical Community College
Jacquelyn Sullivan	Guilford College
Mikala Thomason	Nazareth College
Matthew Watlington	NC A&T State University
Shelleik Wilson	Winston-Salem State University

Want to stay connected to Faith Point Fellowship?

Text FPF to 55469 to receive words of inspiration and regular updates or visit our website at faithpointfellowship.org. We are also on social media @FaithPointFellowship

FORGET ME NOT LIST *Remember to pray for those who cannot attend worship*

Shaquille & Sheryl Davis	3938 Eastland Avenue 27401
Clarence and Pearl Durham	3313 Janet Lane, 27405
Hyla Cundiff	2214 New Castle Rd. 27406
Emily Goodman (sister of Trustee Fred Peterman)	2605 Corinth Dr., 27406
Bob Graves	4400 Lawndale Dr., 27455
John Guthrie	4504 Southall Dr., 27406
Lynette Hawkins	1212 Swan Creek Rd. Fort Washington, MD 20744
Brenda Jackson (daughter of Maxine Covington)	1209 Humboldt Avenue North Minneapolis, MN 55411
Willie "Peggy" Meachem	1302 Ross Ave. 27406
Annis Sensabaugh	Blumenthal Jewish Nursing Center, 3724 Wireless Dr., Rm. 213, 27455
Erica Ward (niece of Elder Nancy Rives)	81 Dogwood Trail Dr. Stockbridge, GA 30281



FELLOWSHIP *Expressions of gratitude, celebrations and church functions!*

Thank you...

Saint James Family, my sister and I would like to thank you so much for all of your cards, phone calls, notes, and prayers sent for the passing of our “Dear Mother.” It really meant a lot to us to feel the kindness and support extended by you all. Mother will be sorely missed but her memories will live in our hearts always. May God continue to shower you with blessings.

Dear Prayer Warriors, Will you pray for greater awareness of Mental Health and how it impacts our communities and families? Blessings, ~Mrs. Willie “Peggy” Meachem

Thank you to my St. James family for all of your cards, notes and phone calls over the past months. It means so much to me that you remember me. I wish I could write a thank you note to each of you. I hope you know how much I love you and think about you. God bless every single one of you! ~Mrs. Hyla Cundiff



OUTREACH MINISTRY *We are busy serving the community- Join Us!*

Message and a Meal continues to provide a hot and nutritious meal every Sunday at 3 P.M. Meals are now served in to-go containers. Although we are not able to fellowship together over a meal with the community amid the COVID-19 pandemic, we are grateful for the opportunity to be able to serve takeout meals to those in need.

Thank you to those who participated in our Congregational Survey regarding the Message & A Meal program. We appreciate your input.

Message and A Meal May 2021

Date	Guests	Volunteers
6/6/2021	117	3
6/13/2021	118	2
6/20/2021	105	3
6/27/2021	108	2



OUTREACH MINISTRY *We are busy serving the community- Join Us!*

The July Ministry of the Month is ACT/CYLP Summer Camp.

Your financial donations to provide scholarships and supplies are greatly needed. All contributions are welcome. Financial assistance will be offered on the basis of family need and will be greatly enhanced by your generous giving. Donations can be placed in the offering on Sundays with the memo: ACT Camp.

Tiny House Community Development: We Are... One In The Spirit

Are you still looking to fulfill a niche? Perhaps, you feel led to help 'the least of these' but don't know where to begin. Well...look no more! There is 'plenty of good room' for you with Tiny House, a ministry that builds safe, affordable housing for the homeless in our community. How can I help, you might ask? The opportunities below are just some of the ways you or your ministry, collectively, can help.—

Tiny House Volunteer Opportunities:

Breakfast 4 Our Friends: Breakfast is served every Saturday morning between 7:45 A.M. – 8:45 A.M. at Center City Park in downtown Greensboro. Volunteer your time and/or breakfast items for approximately 80-100 people

Sponsor a Resident's Utilities: Utilities for a Tiny House averages to \$85.00/month. You can sponsor utilities on either a monthly or yearly basis.

Donate Appliances: For one of the six houses currently being built in the Greensboro Tiny House community appliances average to \$1,300.00.

Make a Tax Deductible Donation To: Tiny House Greensboro, P. O. Box 20691, Greensboro, NC 27420.

*For additional information on this ministry, please contact Elder Oscar Reid.

Homeless Committee: The Homeless Committee wishes to acknowledge with warm appreciation the congregation for the donation of 51 boxes of Quaker Oats for the Greensboro Urban Ministry.

Continued Free Meal Distribution

Guilford County Schools is continuing to provide Grab & Go meals Monday through Thursday from 11 a.m. until noon at 41 schools for children under the age of 18. Find the locations here:

[Meal Distribution Listing](#)

Stephen Ministry. a Christ-centered ministry that provides care in alleviating pain and stress of life, remains attentive to the needs of others. Our personal contact via the phone allows us to connect. As we venture day by day through this pandemic, we extend the promises of God and the affirmation of His omni-presence. Our goal is to represent the love, concern and care of Jesus in a confidential way. If we can be of assistance as we journey together, please call a Stephen Leader: Adnee Bradford (336) 202-6989, Yvonne Patterson (336) 375-0122, Cynthia Latham (336) 324-7252

OUTREACH MINISTRY *We are busy serving the community- Join Us!*

Self-Care

The COVID-19 pandemic has been stressful and life changing to differing degrees. One thing it has shown us is how much we are social beings. Social connection is important. As life becomes more normal in many aspects, we recognize again that not all stress is negative. Good stress can make us prioritize people and things in our life that gives us meaning. Enrollment in PACE (Programs of All-inclusive Care for the Elderly) allows you to discuss the negative effects this traumatic time has had on you and your loved ones.

The following suggestions are according to the Center of Disease Control's article titled **Coping with a Disaster or Traumatic Event: Taking Care of Emotional Health**

- Practice Prayer, Deep breaths, Stretch, or Meditation. Deep breaths bring oxygen to all parts of your body including your brain which can help with anxiety.
- Try to eat healthy, well-balanced meals. Eat a variety of fresh fruits and vegetables to help eliminate constipation because constipation does not help you feel your best self.
- Exercise regularly because the increase of oxygen and good hormones eases frustrations. Get some Vitamin D through sunshine by trying to walk for at least 15 minutes a day. Remember to wear sunscreen.
- Get plenty of sleep. Make taking naps a priority especially if nighttime sleep is interrupted.
- Avoid excessive use of alcohol, tobacco, and other substances.
- Continue routine preventative measures as recommended by your doctor. Let your doctor know if you have concerns.
- Get vaccinated with COVID-19 vaccine.
- Make time for hobbies and activities that you enjoy. Let your doctor know if hobbies do not provide the relaxation, they once did.
- Connect: talk with people you trust about your concerns and how you are feeling.
- Go easy on yourself. Caregivers, please remember you must fill your own cup to be present for your love ones.
- Stay informed but recognize when too much news exposure is not good!
- Seek help from professionals when you are having trouble coping.

Below are some common signs of negative stress or distress:

- Fear, anger, sadness, worry, numbness, and frustration feelings
- Changes in appetite, energy, and activity
- Difficulty concentrating and making decisions.
- Physical reactions, such as headaches, body pains, stomach problems, and skin rashes
- Worsening of chronic health problems
- Increased use of alcohol, tobacco, or other drugs
- Remember to stay informed, take breaks, and connect with others to help cope.

If you are experiencing any of these symptoms, consider contacting a health care professional and or mental health professional.



Carrie Fernald is one of six health care providers at PACE of the Triad. Contact PACE of the Triad at 1471 E. Cone Blvd. Greensboro, NC 27405 or www.Pacetriad.org or (336) 550-4040

OUTREACH MINISTRY *We are busy serving the community- Join Us!*

For Older Adults who need assistance in the home, PACE of the Triad is still enrolling new participants. PACE provides medical care and support services to older adults. Services may include, but are not limited to, a health aide for those who qualify, medical transportation, medicines, supplies, therapy, respite, and an optional day program. If you or a loved one can benefit from PACE services, contact PACE at 336-550-4046 for a free assessment or more information. A doctor's referral is not needed. PACE of the Triad is located at 1471 E. Cone Blvd. Greensboro in the Roses Shopping Center. Schedule a tour or free consultation today. Call 336-550-4046 or visit the website www.pacetriad.org/help.

Assistance for Caregivers

ROCKINGHAM AND GUILFORD COUNTY FAMILY CAREGIVERS

Let Us Help YOU *Thrive!*

Are you caring for an older loved one with chronic illness?
Do you feel overwhelmed, especially during the COVID pandemic?
Do you want to receive the latest information on best caregiving practices –
along with relaxing and rejuvenating activities to help *you*?

Our program –THRIVE! – is a free opportunity made possible through CARES Act grant funding for family caregivers to do just that . . . thrive!

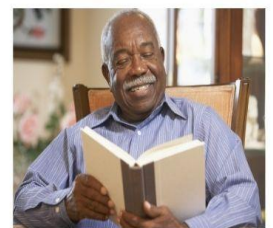
Family caregivers can receive:

FREE highly recommended caregiving books, yoga mats, brain healthy groceries and art kits as well as 4G-enabled tablets on loan! Virtual activities will accompany the FREE items!

Register Now for books, art kits, and tablets! Yoga mats coming in May!
Brain Healthy groceries coming this summer!



WellSpring
SOLUTIONS



Register Now:

www.Well-SpringSolutions.org/Thrive
or call: (336) 274-3559



STEWARDSHIP *Monthly collection*



"OUR GOD IS ABLE"

“...Jude tells us that God is “able to keep [us] from falling, and to present [us] faultless before the presence of his glory with exceeding joy” (Jude 24)... He is able to keep us walking in paths of joy and righteousness.

...If God can keep us spotless from the world – if he can make our salvation a reality in the world to come – what is he unable to do? Only those things which we limit, by our disbelief or disobedience, his ability to work. Let us turn God loose by unleashing our faith and putting on a spirit of obedience so that we may see him accomplish great and marvelous things in and through us.”

**The African-American Devotional Bible, copyright 1997, Zondervan Corp., pg.1423*

Rev. Dr. Alicia D. Byrd, Verse: Jude 24, Passage: Jude.

STEWARDSHIP *Monthly collection and stewardship opportunities. (cont.)*

Have you gotten behind in your personal giving plan and need help catching up? The Stewardship Committee is here to help. Simply call the church office (336) 273-6658 and a member of our team will contact you.

Per Capita Apportionment \$25.00 or as you are blessed

The Pentecost Offering April 5th through May 23rd

Finally – Let's not forget to contribute to our Emergency Relief Fund!

Note: *Missed a "Special Giving" opportunity? No problem!*

It's never too late to give!

If you are **giving on line** or using **Cash App**, please indicate the nature of your **special giving** where it states "add special instructions" or "add a note"

The Stewardship Committee thanks you for your financial commitment to our church.



May- 2021- Weekly Collections
Goal - \$7,497.00 each Sunday/ \$27,917.00 per month

<u>Receipts:</u>		General Operations
5/2/2021	Worship Service	\$ 3,277.00
5/9/2021	Worship Service	\$ 5,865.00
5/16/2021	Worship Service	\$ 2,155.00
5/23/2021	Worship Service	\$ 3,645.00
	Worship Service	\$ 1,090.00
	NSF	\$ -
	PayPal	\$ 3,318.03
	Cash App	\$ 2,707.50
		\$ 22,057.53
*** Exceeded Monthly Goal By:		
\$	(5,859.47)	



June- 2021- Weekly Collections
Goal - \$7,497.00 each Sunday/ \$27,917.00 per month


<u>Receipts:</u>		General Operations
6/6/2021	Worship Service	\$ 5,938.00
6/13/2021	Worship Service	\$ 1,734.00
6/20/2021	Worship Service	\$ 5,845.00
6/27/2021	Worship Service	\$ 1,334.00
	Worship Service	\$ -
	NSF	\$ -
	PayPal	\$ 2,348.59
	Cash App	\$ 2,951.00
		\$ 20,150.59
*** Exceeded Monthly Goal By:		
\$	(7,766.41)	

Bring the full tithe into the storehouse, so that there may be food in my house, and thus put me to the test, says the Lord of hosts; see if I will not open the windows of heaven for you and pour down for you an overflowing blessing. Malachi 3:10

Black Faith Community Vaccine Toolkit

Over the past year, COVID-19 has torn through our communities, forcing us into isolation and disrupting one of the foundations of Black American culture: coming together to worship in the house of the Lord. However, there is hope on the horizon! With the advent of COVID-19 vaccines, a future where we can get back to gathering is within our sights.

The [Get Vaccinated! Black Faith Community Toolkit](#) includes information about the benefits of the COVID-19 vaccine, along with frequently asked questions and sample social media posts to help empower you as clergy to speak confidently to your congregations and communities about the vaccine. Let's get back to gathering!






GET VACCINATED

BLACK FAITH COMMUNITY TOOLKIT

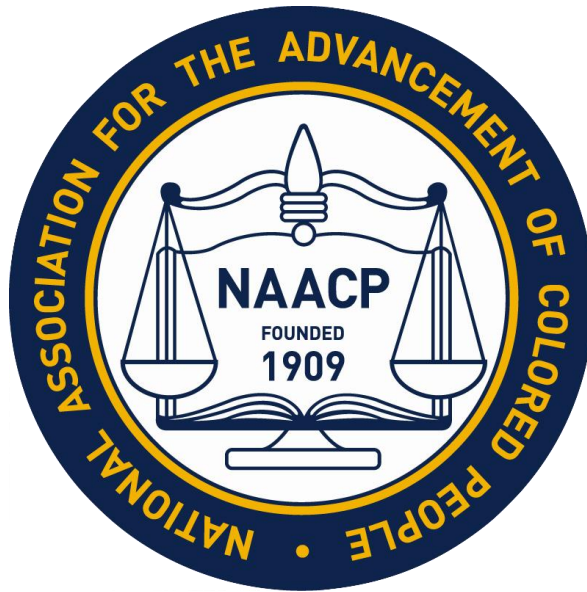
CONTENTS

- Why Should Black People Get the Vaccine?
- Trusted Voices
- Benefits of Being Vaccinated
- Steps to Become a Trusted Faith-based Vaccine Site
- Frequently Asked Questions About the Vaccine
- Scriptures on the Value of All Lives
- Sample Social Media Posts
- Key Actions Faith Leaders Can Take
- Additional Resources

www.SkinnerLeaders.org/getvaccinated

NC COVID-19 VACCINATION UPDATES



Schedule your appointment now!

Eligible members of the public can make appointments online for a vaccine at the federally supported COVID-19 Community Vaccination Center in Greensboro at Four Seasons Town Centre:

- Appointments can be made online by visiting GSOmassvax.org
- North Carolina is setting aside half of all vaccination appointments from March 10th through March 14th (7,500 appointments) at the Four Seasons Town Centre site to help ensure individuals from Historically Marginalized Populations are able to access vaccine appointments.

Additional appointments are available through our call center for those who are not able to access the web-based registration tool. Appointments may be scheduled by phone (888-675-4567) through the COVID-19 Help Center. (Monday to Friday from 7am to 7pm, Saturday to Sunday from 8am to 4pm).

You can also schedule your vaccination with Walgreens.

Please click the link below to schedule.

[Walgreen's Vaccination Scheduling](#)

For anyone who is having difficulty getting their vaccination scheduled, please contact SJAM Co-Chair Lolita Watkins at 336-540-9627 or Elder Charles Knox at 336-549-4599 so that your name can be submitted on our church list to Senator Gladys Robinson.

Saint James Presbyterian Men Cookout Fundraiser

**Saturday July 24, 2021
11:00 a.m. - 4:00 p.m.**

Dinners:

Fish or Chicken Tenders - \$10.00

Sandwich Only - \$4.00

(Includes two sides, bread, desert and soft drink or water)

Additional sides available - \$1.00 each

Payment accepted via CashApp (Ssjpcnc),



Menu Sides

**Baked Beans, Cole Slaw,
Hushpuppies, Onion Rings**



(Due to COVID-19, All dinners will be served in to-go containers)

Saint James Presbyterian Church

820 Ross Ave.

Greensboro, NC 27406

Rev. Shekinah Hamlin, Executive Supply Pastor

Rev. Richard Hughes, Supply Preaching Pastor

Rev. Frank Dew, Session Moderator

"Touching Lives Through Jesus Christ"

www.stjamespresby.org

336.273.6658

Saint James Presbyterian Church
"Touching Lives through Jesus Christ"
820 Ross Avenue, Greensboro, North Carolina 27406
336-273-6658 • www.stjamespresby.org