

**Discipleship Essentials**  
**Wellness Wednesday**  
**2025**

<b>Date</b>	<b>Reading</b>	<b>Homework</b>
	<b>Topic: Growing Up in Christ- Bible Study</b>	Pg.25-26
2/5	Core Truth and Memory Verse	Pg. 27
2/12	Inductive Bible Study	Pg.28-30
2/19	Readings	Pg. 31
2/26	Reading Study Guide	<i>REST/Journal/Reflect</i>
3/5	<b>BREAK</b>	
	<b>Topic: Growing up in Christ- Prayer</b>	Pg.32-33
3/12	Core Truth and Memory Verse	pg. 34
3/19	Inductive Bible Study	Pg. 35-38
3/26	Readings	Pg.39
4/2	Reading Study Guide	<i>REST/Journal/Reflect</i>
4/9	<b>BREAK</b>	
4/16	<b>Holy Week</b>	
	<b>Invite Someone to come with you to worship during the holiday.</b>	

**NOTE:** The classes will be structured as four weeks of study with a one-week break. We will continue to meet during the break weeks to walk and have conversations afterward. This schedule is so we remain in sequence with the evening Bible Study class. We will break to enjoy Holy Week activities. It will be a full week of worship services. ***Invite someone to come with you to worship!!***