

**Discipleship Essentials**  
**Wellness Wednesday**  
**May and June**  
**2025**

<b><u>Date</u></b>	<b><u>Reading</u></b>	<b><u>Homework</u></b>
	<b>Topic: Growing up in Christ- Being a Disciple</b>	Pg. 40-41
5/7	Core Truth and Memory Verse	pg. 42
5/14	Inductive Bible Study	Pg. 43-46
5/21	Readings	Pg. 47-48
5/28	Study Guide	
	<b>Topic: Understanding the Message of Christ- The Three Person God</b>	Pg. 49-51
6/4	Core Truth and Memory Verse	Pg. 53
6/11	Inductive Bible Study	Pg. 54-57
6/18	Readings	Pg. 57-58
6/25	Study Guide	

**Note:** We will walk from noon to 12:30 p.m. and study from 12:30 p.m. to 1:30 p.m.